Order of Events

Future Pointers 3-8 Track Meet

Time	Track	Long Jump	High Jump	Shot Put
12:00pm	100m	G(3-4)	G(5-6)	G(7-8)6lb
(rolling)	400m	B(3-4)	B(5-6)	B(7-8)4k
	4x100m	G(5-6)	G(7-8)	G(3-4)6lb
	1600m	B(5-6)	B(7-8)	B(3-4)6lb
	4x400m	G(7-8)	G(3-4)	G(5-6)6lb
		B(7-8)	B(3-4)	B(5-6)6lb

**** All track races will be run in the following order:**

G(3-4)
B(3-4)
G(5-6)
B(5-6)
G(7-8)
B(7-8)

* The 1600m may be run with multiple grade levels (depends on # of entries)

* The 4x400m relay will only be run by grades 7-8

*** All field events will have a 30 minute time limit!** (starts after "last call")

If an athlete has simultaneous events on the track and the field, he/she should run their race and then return as fast as possible to finish his/her final jumps/throws(this still must be completed within the 30 min field event time limit)*