Old Town Academy Self Defense and Brazilian Jiu-Jitsu



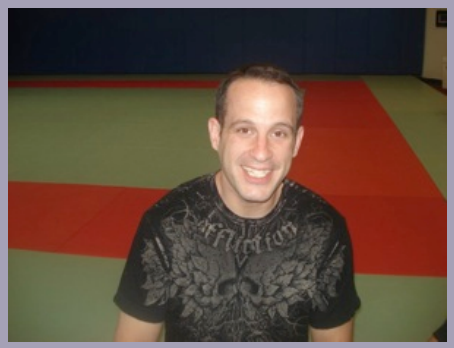




Instructor Barden

Jeremy Barden

- Purple Belt under Saulo Ribeiro
- Academy Owner- Outliers
- MA in Biology with an Emphasis in Sports Physiology
- Hobbies: BJJ, Hiking, Swimming, Fishing



Instructor Dave

David Marson

- 5 Years BJJ Experience
- Purple Belt under Saulo Ribeiro
- Earning MA in Education and teaching credential
- Taught English in Korea.

Objectives of the Program

- Teach Basic Self-Defense
- Develop Conflict Resolution Skills
- Character Building- Positive Attitude, Discipline, Family, Honor, Loyalty, and Respect

Objectives of the Program

- Nurture Body, Mind and Spirit
- Encourage Exercise, Nutrition, Hard Work, FUN!!
- Broaden Jiu Jitsu Spectrum

Classroom-Self Defense

- History of Brazilian Jiu Jitsu
- Introduction to Self Defense
- Anti-Bully Training
- Parent and Child Equal Understanding
- Protocol of Force
- Instruction thru games and fun activities

Classroom-Sports Jiu Jitsu

- Sports Jiu Jitsu
- The Point Scoring System
- Tournaments and competition
- Ranking or Belt System and Promotions
- Parent Contribution, Understanding, Support

Q2 (2nd Quarter) Program

- Starts Nov 28th and Ends Jan 27th
- Mondays, Wednesdays, and Fridays
- Emphasis on Self Defense
- Uniform = Outliers T-shirt ($20)
- 2 Pair Black Sweat Pants
- 19 Total Classes = $190 (+ $20 Old Town Academy Scholarship Fund Fee) = $210
- Bonus Free Saturday Training in Santee

Propose

- To deliver a high quality self defense and Jiu Jitsu program.
- Guarantee no cancelled classes.
- Program allows access to 4 lessons a week.
- We provide state of the art grappling mats.
- Nurture individual growth thru Jiu Jitsu.

Proposed Request 1

- Parents attend classroom instruction day if possible.
- Self Defense Classroom Instruction Dates:
  From November 28th - January 27th.
- Parent participation, understanding and acceptance is paramount to a successful program.

Contribution to Old Town Academy

- Approximately $5000 in mats will be supplied free of charge to OTA by the Outliers BJJ Self-Defense program.

Thank you!

