WE ARE COMING TO OLD TOWN ACADEMY!

Rainbow Chefs offers children the opportunity to have fun creating and tasting while learning Culinary Arts, Nutrition, Kitchen Safety, Meal Planning, Portion Control, Manners and Etiquette. We have dedicated ourselves to providing children with a support system that begins in the kitchen to develop healthy eating habits, explore their creativity and enjoy being in the kitchen!

With our curriculum based classes and trusted staff of Registered Dieticians, Culinary Arts Educators, and Child Psychologists, Rainbow Chefs has created a program that helps get families talking about healthy lifestyles and bringing them back to the dinner table.

Rainbow Chefs is committed to making the difference in the life of every child by teaching them life lessons through hands-on culinary arts classes.

Wednesdays 3:30-4:30
September 18 – November 6



Total cost for 8-week program
$112.00 (includes materials fee)

TO REGISTER & ENROLL GO TO

www.rainbowchefs.com

THE AMAZING WORLD OF EDIBLE ART

RAINBOW CHEFS

www.RainbowChefs.com | TEACHING LIFE LESSONS THROUGH CULINARY ARTS!

In this amazing class your child will incorporate all different forms of arts to learn about foods, recipes, and healthy cooking. We will show your child how to turn food into fun, edible art pieces! Some recipes include strawberry mice, banana caterpillars, Lion king bagels, butterflywiches, antipasti scooters and more!

Rainbow Chefs is nut-free using fresh seasonal ingredients.
All our recipes can be downloaded after each class.
Questions? Call Marty @ 858-439-8293 or marty@rainbowchefs.com