Guidance for Free Dress Days (Based on District-wide standards)

Tops

- Shirts and blouses may be either short or long-sleeved, but shoulders must be covered at all times. Exposed midsections are not acceptable.
- Sweaters and jackets of an appropriate size and length may be worn over, but not in place of, an appropriate shirt.
- Hooded sweatshirts are not a substitute for an appropriate shirt.

Bottoms

- Appropriate FREE DRESS DAYS attire includes long pants, shorts or skirts worn with the waistband at the waist. Excessively baggy or tight pants are not acceptable. (This includes “skinny” jeans.)
- ON FREE DRESS DAYS: Jeans in good repair are acceptable.
- Skirts and shorts worn on FREE DRESS DAYS must be of acceptable length. (They must reach to the longest part of the student’s hand when arms are held straight at the side.)

Footwear

- Shoes should be comfortable, supportive and allow the student to actively participate in is/her physical education classes.
- Flip flops and slippers are never allowed.

Jewelry

- Simple studs in the ears are allowed. Jewelry in piercings other than ears shall not be worn at school.

- Students should avoid dangling jewelry, especially earrings and other jewelry that could cause injury (including gauges in the ears.)

Other• Students are expected to demonstrate respect for themselves and others. With this in mind: there should be no writing on one's own body or anyone else's body.

Clothing Never Appropriate for School

Tops

Tops that expose shoulders, backs, bellies and/or undergarments should be avoided. This includes:

- tank tops and shirts with spaghetti straps.
- see-through clothing.
- low-cut tops exposing cleavage.
- strapless, backless or halter tops.

Generally Inappropriate Clothing

Clothing or accessories which advertise or denote profanity, sexual topics or innuendo are not permitted.**Clothing which promotes:**

- gang affiliation
- alcohol, drugs or tobacco
- violent slogans or images

are also not permitted.