Tumble and Cheer Class

Tuesdays 3:30-5:00pm.

Cost: $10/class + $20 OTA fee =
9 classes total
$110 for the first quarter.
Must pay up front for classes.



Come learn to tumble and cheer with Cali Coast Elite coaches. Check out our staff bios at www.Calicoastelite.com Each class will consist of the follow:

Stretch
Warm up
Jumps
Tumbling
Stunting
Routine Choreography

All tumbling and stunting will follow USASF safety progression. Please wear clothing that you can stretch and move it. Bring a water bottle and girls hair should be up in a pony tail. Email Coachbetty@calicoastelite.com with any questions. Please make check out to Cali Coast Elite.

Student Name_____**Grade**_____

Parent/ Guardian Name_____

Home Phone (_____)_____ **Work Phone (_____)**_____

Email_____

Medical Issues?_____

While my child is participating in Cali Coast Elite Cheer and Tumble at Old Town Academy I acknowledge all risks on his or her behalf and likewise assume all responsibility for any injury or damages that may occur. I release, discharge and covenant not to sue Cali Coast Elite instructors, other participants, and owners/lessors of premises used to conduct the activities. I have read the above waiver and release and understand that I give up substantial rights by signing it and I sign it voluntarily. I give my permission for my child to be videotaped, photographed, and/or interviewed for promotional purposes while attending Cali Coast Elite Cheer and Tumbling at Old Town Academy.

Signature_____

Please Print Name_____